

MYOVIEW Stress/Rest Scan

This test is used to look at the blood supply to your heart muscle.

What Happens?

Patient Information

There are 2 parts to the test.

1. The blood supply whilst your heart is resting.

You will be given a small injection of the 'heart tracer' into a vein in your arm and a scan of your heart will be taken approximately 45 minutes later.

2. The blood supply whilst your heart is exercising.

You will be required to exercise for as long as you can on a treadmill whilst a doctor monitors your heart and blood pressure. You will then be given another injection of the 'heart tracer' and another scan will be taken.



YES!

You may have a **light breakfast** on the morning of the test but then **NO FOOD** until the test is completed (If you are diabetic, please check with our staff prior to your test.)



YES!

Wear **comfortable clothes** to exercise in.



YES!

You **can drive** after the test.



NO!

Some **medications** must not be taken prior to the test. **Please check with our staff.**



NO!

You must **not have caffeine** for 24 hours prior to your test (i.e. tea, coffee, coke.)



What happens for the scan?

This is one of the Gamma Cameras at Wollongong Nuclear Medicine to scan the heart.

The scan must be done with the camera positioned close to your chest but you **DO NOT go through a 'tunnel'**.

You will **not be required to undress** for the scan.




How long will it take?

Part 1: Approximately **70 minutes**.

A delay of **2 hours** is required between the 2 parts of the test. You are free to leave the practice for this time.

Part 2: Approximately **2 hours**.

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