

Bone Scan

Bone scans are used to locate areas of arthritis, fractures, sports injuries and other bone diseases.

What Happens?

Patient Information

There are 3 parts involved in a Bone Scan.

1. You will be given a **small injection** of the 'bone tracer' into a vein in your arm and a scan of the blood flow in the affected part of your body may be taken.

2. The Wait! The 'bone tracer' takes up to 3 hours to fully move into your bones. During this time you are free to leave but are required to drink plenty of fluid to help move the tracer from your soft tissues. You can go to the toilet as often as you need to.

3. The **scan** of your bones.



YES!

Bring any relevant X-rays or previous scans.



YES!

You can eat and drink normally.



YES!

You can drive your car after the injection.



NO!

There is no special preparation for the test.



NO!

You will not feel sick after the injection.

Please inform the doctor or the technologist if you think you may be pregnant or if you are breast feeding.



What happens for the scan?

This is one of the Gamma Cameras at Wollongong Nuclear Medicine.

The scan must be done with the camera close to your body but you **DO NOT go through a 'tunnel'**.

You will **not be required to undress** for the scan.



How long will it take?

Part 1: Approximately **30 minutes**.

Part 2: **2 - 3 hours** (you are free to leave the practice during this time.)

Part 3: **30 - 60 minutes** (depending on the area requiring scanning.)